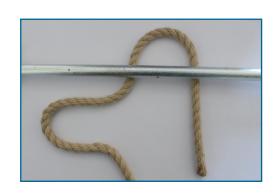


Put a folded piece of rope under a metal bar



Make a fold on the left side of the rope



Pull the second fold over the bar and through the first fold





Make a fold on the right side of the rope



5

Pull it through the hole created in Step 3



6

Pull tight to finish the knot





The HIGHWAYMAN'S HITCH is used to temporarily secure a load that will need to be released easily





Underfall Yard Cumberland Road Bristol BS1 6XG