

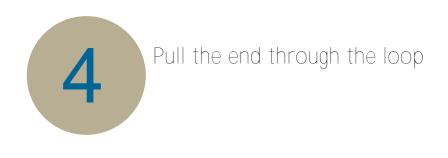






Wrap the end around the loop three times











Well Done!

The HEAVING LINE KNOT is used for adding weight to the end of a rope



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